

Upcoming 2016 Lunch & Learns

12:00 – 1:00

Town Hall – Commission Chambers

Facilitator: Teresa Przetocki

April 20th – Deskercise

May 18th – Understanding Organic

June 15th – Science of Willpower

September 21st – Gluten Free: Is that for me?

October 19th – Menopause & Perimenopause

November 9th – Metabolic Syndrome